



The Kin Labyrinth, A New Labyrinth In Bucks County

Dedicated to the Cancer Community and Available to Anyone Who Desires to Walk It

This new four-circuit labyrinth was lovingly built by Kin Wellness and Support Center to provide cancer patients in treatment and recovery a meditative outlet in nature that incorporates calming movement to promote healing.

Kin, a 501(c)(3) nonprofit, is an all-inclusive Wellness and Support Center providing FREE services through its unique 360-degree care model to cancer patients, their caregivers and our local oncology healthcare workers across Bucks County. Kin is pleased to announce that Bucks County now has a new four-circuit labyrinth located at Kin in Buckingham Township (2325 Heritage Center Dr., Building 113, Furlong, PA 18925). The Kin Labyrinth was created to give the local cancer community an opportunity to take solo, group and facilitated walks to reduce stress and anxiety and promote overall well-being.



Photo by Kin



Photo by Mike Strigl



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Kin Director Kristina Fenimore has already built a robust roster of amazing programming at Kin; the Kin Labyrinth is an exciting extension of the center's offerings. "Kin's mission is to positively impact the social, mental and physical aspects of our guests," says Kristina. "Labyrinths, which date back 5,000 years and span the globe, fit nicely in supporting that mission. I am creating programming around the Kin Labyrinth and will have meditative walking sessions and events on our calendar for all our Kin guests. I am happy to extend an invitation to the entire Bucks County community and beyond and welcome them to utilize and enjoy our labyrinth when they desire," she adds.

Kin Instructor and labyrinth facilitator Marlene Rosenblum shares, "I have grown to love everything about the labyrinth and so enjoy sharing my passion as a labyrinth walk facilitator. Walking the path with others is very special, because the energy shared allows for a feeling of unity and acceptance regardless of our personal

differences. We are each on our own path, hopefully finding peace on the path and an opportunity to share a little kindness. This labyrinth fits in so well with Kin's mission to support our cancer community in a holistic approach. I look forward to facilitating walks and supporting Kin's guests on this beautiful community labyrinth."

The Kin Labyrinth was built through a grant secured for Kin by Congressman Brian Fitzpatrick. Indigenous Ingenuities was hired to design and construct the labyrinth and the gardens. The labyrinth is wheelchair and walker accessible with wider pathways and a unique surface that allows wheelchairs to roll with ease. The unique four-circuit model was previously used at St. Paul's Cathedral and was chosen given the space provided to house the labyrinth.

Kin plans to host many events at the labyrinth, with the first set for the next full moon on Friday, June 21.

Locally, there is another beautiful labyrinth located next

to the Michener Art Museum in Doylestown Borough.

General Information: A labyrinth is an ancient meditation tool. It is one path leading to the center and back out to where you began. You can walk a labyrinth alone or with many people. There is no right or wrong way to walk a labyrinth. Labyrinths have been known to spark creative flow; relieve tension and stress; and improve focus, self-awareness and inner purpose.

Learn more about Kin at (www.welcometokin.org) To contact Kin, call 267-544-5981 or email at hello@welcometokin.org.

About Kin

Kin Wellness and Support Center is an all-inclusive 5,000-square-foot retreat offering support, fitness, therapy and integrative services. Kin is inspired by local Bucks County resident Corinne Sikora, who battled both brain and breast cancer. The Center is **FREE** to Bucks County, PA residents battling cancer regardless of where they are receiving treatment and

welcomes caregivers as well. Kin also cares for oncology healthcare workers as part of its total 360-care model. Free programs include nutrition, yoga, fitness, one-on-one counseling, support groups, workshops, massage, reflexology, reiki, chiropractic, acupuncture and facials. Kin is a unique Center that looks to satisfy the emotional, social and physical needs of cancer patients. The success of Kin is made possible through generous donations from the local Bucks County Community. Kin's mission is to help people find calm and peace and center themselves in a restorative environment. The nonprofit strives to bring people to a place where they feel empowered to manage their diagnoses through treatment, recovery and beyond. Kin is run and operated through the nonprofit Main St. Missions 501(c)(3). Our official healthcare sponsors are Fox Chase Buckingham, Grand View Health and Trinity Health Mid-Atlantic St. Mary Medical Center. By the Community. For the Community. www.welcometokin.org.