

Explore Bio-Identical Hormones



Hormone decline is especially true of women who have experienced menopause. Estrogen is the primary female sex hormone secreted by the ovaries. Women recognize many symptoms attributed to estrogen deficiency during the menopausal transition including hot flashes, night sweats, sleep disturbances, temperature dysregulation, mood disorders, urogenital atrophy, incontinence, fatigue, and cognitive decline.

Estrogen can be safely and effectively replaced. It is like giving the body what it has always had. Bio-identical hormone replacement therapy (BHRT) is exactly that. No fancy pharmaceutical drug—just the exact bio-identical signaling molecule the body has used your whole life.

The benefits of estrogen replacement are protection against cardiovascular

disease, atherosclerosis, cognitive decline, urinary incontinence, and chronic UTIs. Estrogen replacement has also been proven effective as a neuroprotective agent, decreasing cognitive decline. Long-term estrogen replacement decreases the risk of fracture from falling and the risk of stroke and atherosclerosis. Estrogen replacement in its natural BHRT form is safe and effective for women who desire to regain their youthful health.

Eric M. Kephart, DO is a 2006 graduate of Philadelphia College of Osteopathic Medicine practicing integrative medicine at 403 Hyde Park, Doylestown PA. At Kephart Integrative Medicine, we work to empower our patients to enjoy a youthful, healthy, and satisfying lifestyle. We want everyone to experience a better life. We are passionate about changing the aging process. We believe

in forging relationships with our patients to better understand their health and wellness goals. This enables

us to develop an effective plan that gets results. Call our office today to restore your health! (267) 406-4083.

Eric M. Kephart, DO practices integrative medicine at 403 Hyde Park in Doylestown. At Kephart Integrative Medicine, we work to empower our patients to enjoy a youthful, healthy, and satisfying lifestyle. We believe in forging relationships with our patients to better understand their health and wellness goals. This enables us to develop an effective plan that gets results. Call our office today to restore your health! (267) 406-4083.

As we age, there is a decline in important hormones that our cells use for everyday functions. Hormones stimulate many processes throughout the body that maintain health, growth, healing and repair. Hormone deficiencies affect every cell in the body and result in degenerative changes that occur during the aging process. Reestablishing hormone levels back to optimal levels reverse many unfavorable affects that appear as we age.

kephart

KEPHART INTEGRATIVE MEDICINE

Call our office today to restore your health!

267-406-4083

403 Hyde Park, Doylestown PA 18902

www.kephartintegrativemedicine.com
drk@kephartintegrativemedicine.com