



Thoughts to Reflect On

By Robert Burns
Motivational Speaker, NLP Trainer

About the Book

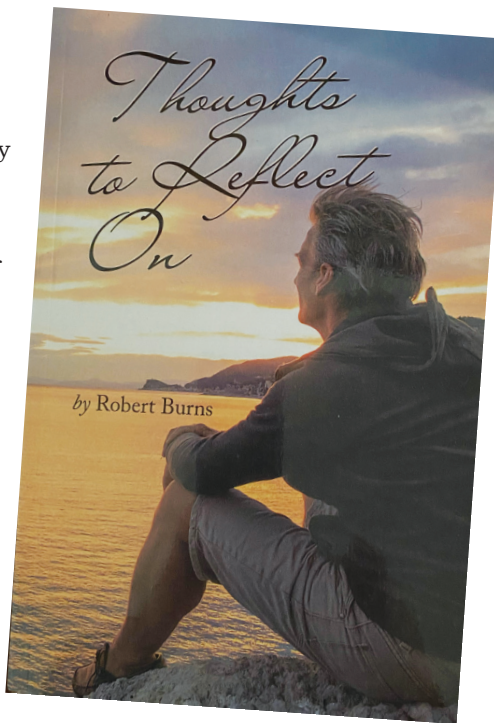
This book *Thoughts to Reflect On* is comprised of positive thoughts to start every day. If you wish, read the whole book through. However, to derive the greatest benefit, read one page each morning and allow the information to sink in. You will receive inspiration to carry you through the day with a fantastic attitude. So, let us begin.

About the Author

Bob Burns is a Master Clinical Hypnotherapist and Master Practitioner of Neuro Linguistic Programming (NLP), working with clients one on one to overcome addictions. He has created many subliminal recordings to help people quit smoking, maintain healthy weight, manifest abundance, and think positively, as well as study skills for students.

Bob is a public speaker on the topic of NLP and has had his own radio program with the Hunterdon County Chamber of Commerce in Flemington, NJ. Bob has also been a guest on over 200 radio shows worldwide and is a published author.

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