



## Loving Yourself First

*By Robert Burns, Motivational Speaker, NLP Trainer*

Let me ask: do you have a relationship with yourself? Do you know "who" you truly are?

I am not talking about job title, gender, name, or any of the surface things that most people use to refer to themselves. Who you really are is the reason that you came to earth this time.

You may think this is far-fetched; however, I assure you it is not. You have a definite reason for being here at this time. We all do, and, as soon as you see this clearly with an open mind, I'm sure you'll agree.

When you experience this clarity, you will also start knowing beyond a shadow of a doubt just who you really are. Your life will begin to take on a whole new meaning. I know mine did.

If you have any questions about this topic, feel free to give me a call, and I'll do my best to clear up any and all doubts you may have. Remember that, when your mind is open, then you're able to accept all possibilities.

**Please call 610-462-0804 if you have questions or want more information. Enjoy your day!**



## Robert Burns

MOTIVATIONAL SPEAKER  
NLP TRAINER

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