

The Corinne Sikora Wellness & Support Center



By Keith Fenimore

When Corinne Sikora was battling cancer, the process of trying to get well was exhausting. Corinne, shuttled by her husband Matt, spent many hours in hospitals and doctors' offices. She was seeking solace and longed for a restorative meditative environment. Her attempts to find comfort and peace of mind were difficult but worth the extra effort to visit various locations for nonmedical treatments.

She visited one place for an acupuncture appointment and another to attend a yoga class. It was difficult to navigate it all, especially when she lacked the strength to walk and needed a wheelchair. It was at that point, toward the end of her fight, that she began to outline what would ultimately become The Corinne Sikora Wellness and Support Center.

The Corinne Sikora Wellness and Support Center is a Bucks County-based center created from Corinne's vision. It provides free integrative services, support, and a restorative environment for all cancer patients, their families, and caregivers across Bucks County.

The Center has zero barrier to entry. Guests don't have to have "the right insurance" or be under the treatment of a particular doctor or practice. The Center accepts all cancer patients in treatment and recovery and their families and caregivers until one year clear. The Center also makes special accommodations for the metastatic community.

The Center will offer:

- Reflexology
- Oncology Massage
- Esthetician/Facials
- Chiropractic
- Acupuncture
- Reiki
- Meditation/TM
- Yoga
- Ballet (modified)
- Barre3 (modified)
- Pilates (modified)
- Zumba (modified)
- Dance Therapy
- Tai-Chi
- One-on-one and Group Counseling and Support Groups
- Workshops and Speakers
- Entertainment (in the form of date nights, live music, comedy, bingo, and a book club)
- Nutrition (dietitian and live cooking demonstrations)
- Library, Zen garden, labyrinth, research station, knitting
- Tea, coffee, and fresh juice

And yes, the Center even has a resident harpist!

Are you wondering how a small local nonprofit is able to offer all of this?

An amazingly gracious Community and lots of ongoing donations!

Along with donations, local Bucks County practitioners, who specialize in cancer patient care, have offered to donate their time and expertise for FREE.

There has also been an outpouring of donatable goods and services from these stellar local Bucks County businesses:

- Hendrixson's Furniture is donating all the Center's furniture
- Green St. Real Estate is offering a \$100,000 in-kind donation
- Organnons Natural Market is providing all our organic food and juice
- Indigenous Ingenuities is building a Zen garden and labyrinth
- JR Maxwell is donating our kitchen
- Ralph Fey is donating architectural services
- Marble Source Inc. is donating all our granite
- Greenleaf Nursery is donating all the interior plants
- Doylestown Bookshop is hosting a book drive for our library and donating 10 new books per month
- The Larder is supplying unlimited tea
- Rich Facenda is doing all our plumbing work for free
- Nickum Schneider Electric is doing all our electrical work for free
- Tom Adams is supplying free flooring and doors
- Jarrett Vaughan Builders is building our custom welcome desk and store front
- Sun Dog Yoga, Barre3, Club Pilates, and Ballet Arts of Bucks County are all providing free classes

Private donations from community members like you have helped elevate our efforts. Donations have ranged from \$5 to \$100,000; it ALL adds up and it's how the Center will survive and thrive.

There has also been a nonprofit registry created where all the items the Center needs—over 200 of them—are listed. Of course, people are encouraged to shop local, so, if any of the items listed can be sourced at local shops or merchants across Bucks County, substitutions are welcomed. You can access the registry at www.myregistry.com or on your smart phone through the My Registry free app. Once on the site or the app, type in "Corinne Sikora Wellness and Support Center".

"It's our goal to make a positive impact on the lives of our neighbors, loved ones, and friends who are battling cancer," says Founding Member Alyssa Walloff. "The support we're receiving from our local community has given us the opportunity to support those in need through Corinne's vision. For this, we are grateful beyond words."

The Corinne Sikora Center is happy to share that, so far, both Fox Chase Cancer Center Buckingham and Grand View Health have become Partners and Sponsors of the Center. The Center invites and encourages all Bucks County-based health care organizations and facilities to join as an official sponsor, as well as those facilities outside Bucks treating Bucks County-based patients.

GVH GRAND VIEW HEALTH

FOX CHASE
CANCER CENTER
TEMPLE HEALTH



The Corinne Sikora Wellness and Support Center is slated to open in late November 2021.

The Center is located at 2325 Heritage Center Drive, Suite 113 in Buckingham, PA 18925 (off Rt. 263 between Edison Furlong and Sugar Bottom Roads)

Learn more at www.corinnesikoracenter.org

You can join the social community on Facebook and Instagram @corinnesikoracenter