



Rebecca Meinke, MD

Rebecca Meinke, MD, is a board-certified child, adolescent, and adult psychiatrist. A native of New Jersey, Dr. Meinke earned a Bachelor of Arts degree from Fairleigh Dickinson University – Metropolitan Campus and a medical degree from Rutgers University – New Jersey Medical School (formerly UMDNJ). Dr. Meinke completed a residency in General Psychiatry at George Washington University in Washington, DC, and a fellowship in Child & Adolescent Psychiatry at Thomas Jefferson University in Philadelphia.

Dr. Meinke has worked in every level of psychiatric care and with patients of all ages. She enjoys all aspects of psychiatry and is especially fond of working with families and utilizing a team approach in treatment. After many years as the consulting psychiatrist at The College of New Jersey (TCNJ), Dr. Meinke has joined the team at LifeBack, full time, as the Medical Director of our Pennsylvania office, and Co-Medical Director in New Jersey.



Stephan Brautigam, APN

Stephan Brautigam is a board-certified psychiatric mental health nurse practitioner. After serving four years in the military, he returned to Pennsylvania and started his healthcare career as a unit clerk.

Stephan progressed through the ranks, becoming a nursing aide and then earning his diploma through Roxborough Memorial Hospital. As a nurse, Steve continued his education at the University of Pennsylvania where he earned his Master's degree in psychiatric mental health. Steve is also a member of Sigma Theta Tau, an honor society of nursing. Steve has worked in various settings, including crisis, inpatient, outpatient, and corrections. Humble beginnings and a nonjudgmental attitude allow him to adapt to diverse patients and their unique situations.



Marcia MacKillop, LCSW

Marcia MacKillop is a LCSW in New Jersey and Pennsylvania. Marcia holds two Master's degrees, receiving her training at Rutgers' School of Social Work, MSW, and Princeton Theological Seminary, M. Div. Since 2013, Marcia has been working in an outpatient setting with people who suffer from anxiety, depression, mood disorders, and other family issues that stem from addiction and mental illness.

Marcia works with individuals of all ages, but she particularly enjoys working with teens and young adults who are adjusting to life transitions and significant traumas that have affected their family system. She has over seven years of experience working in a hospital setting on the adolescent, dual diagnosis, acute psychiatric, and chronic and persistent mental illness units of Princeton House Behavioral Health and Carrier Clinic. Her focus is derived from a holistic and systemic perspective, and she uses her theological experience and a spiritual approach to help patients. She has developed coping strategies that address daily living and management of symptoms by using cognitive behavioral therapy, acceptance, and mindfulness tools for self-care.



Stefanie Reinhard, MSW, LSW

Stefanie is a Licensed Social Worker in Pennsylvania. She graduated from Bryn Mawr College with a Master's degree in clinical social work and from Cedar Crest College with a Bachelor's degree in social work. Stefanie has worked with a range of populations from adolescents to older adults who are experiencing various psychological, social, and relational stressors.

Stefanie is committed to supporting clients' growth using principles of solution-focused therapy and cognitive behavioral therapy in a trusting environment that promotes self-acceptance. In addition to her clinical work, Stefanie has facilitated diversity trainings with groups, institutions, and communities. She feels fortunate to work alongside the dynamic team at LifeBack while developing her clinical skills as she works toward her LCSW certification.



Greg Smola, LSW

Greg is a Pennsylvania licensed social worker. He graduated with a Master's degree in social work from the University of New Hampshire.

A dedicated recovery advocate, he has served as an inpatient counselor, residential case manager, and emergency room crisis clinician. Clients have benefited from Greg's strength-based and motivating approach across a full continuum of care.

As an outpatient therapist, Greg helps patients gain more self-awareness and self-acceptance through a humanistic and cognitive behavioral framework. Greg especially enjoys working with young adults who are seeking stability, motivation, and purpose. Greg's relaxed, attentive, nonjudgmental, and often humorous approach is something both his patients and colleagues appreciate. He is "thrilled to be part of the LifeBack team!"



Margie Stumpo, Billing Manager

Margie has been with LifeBack for three years in the billing department. Recently, she has accepted the billing manager role. Margie has a B.S. in business administration and has extensive experience in management. Before coming to LifeBack, Margie was a district director for a retail company where she managed multiple branches across Maryland, Delaware, New Jersey, and Pennsylvania.

Margie's background in customer experience has allowed her to contribute to LifeBack's overall core beliefs. One of Margie's favorite quotes which she tries to implement in her day-to-day encounters is "Your smile is your logo; Your personality is your business card; How you leave others feeling after an experience with you becomes your trademark." We at LifeBack are committed to making every patient feel LifeBack is here for you.

LifeBack is committed to providing the best patient care using a wide range of treatment modalities. Our dedicated team of support staff, clinicians, and prescribers is here to help each patient achieve their goals. LifeBack's values are rooted in a strong belief that change is the road to success. We firmly believe that, in order to grow, we must evolve and take care of our emotional well-being. Change is not simply achieved through discontinuation of maladaptive behavior and patterns. Each patient is special, important, and cherished.

LifeBack will always ensure that each patient has the best clinical experience, as we pride ourselves on having superior patient care. We focus on maintaining clinical excellence by ensuring that patient care plans are unique, flexible, and creative. We are continuously evaluating, updating, and improving these methods to make sure we can meet the needs of each patient.

LifeBack has built a foundation of integrity and commitment regarding patient wellness. We are committed to ensuring that the LifeBack team is able to provide all patients with a positive experience. Our mission is to deliver the highest quality of care to all patients. Their wellness is our top priority. At LifeBack, we promote a positive and inclusive environment. We want patients to feel they are in a secure, judgement-free place where they feel respected.

The LifeBack Philosophy – potential for growth exists in the willingness to adjust the sails based on the direction of the wind, rather than our desire to see land.

