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age, health, and lifestyle, but it typically takes around 10 to 12 weeks to fully see the benefits from these treatments. Utherapy results have been clinically tested to last about two years.

Suppose I still have some imperfections in my skin after this. Is there anything else that I can do to improve my skin?

Absolutely! At this stage, we offer a state-of-the-art technology called the Ellipse selective band technology to complete the picture.

That sounds fancy. What is it?

The Ellipse technology was developed to address different medical concerns on the face. These include telangiectasias (small visible blood vessels), melasma, or uneven pigmentation (dark spots). Every laser treatment has a specific target. The selective wave-band technology filters out the wavelengths that are not necessary and treats the area with precisely what's needed (specific wavelength) to eliminate the unwanted appearance.

This sounds terrific. Can this technology be applied to other parts of the body?

It certainly can. In fact, one of the most popular treatments I do in my office is permanent hair removal with this device. It works extremely well.

I know so many people who are tired of waxing or painful electrolysis. Is laser hair removal a permanent solution?

It does require on the average 4-5 treatments, but, yes, this is a permanent result. The reason for the multiple treatments is that hair growth occurs in 3 phases. Only in one of these phases is the hair shaft connected to the follicle (where the hair growth originates). At any given time, our hair is in different cycles, and that's why we have to repeat this treatment at 4-week intervals in order to assure that "all" of the hair in the area is effectively treated.

This all sounds like a great plan. How do I get started?

It's very easy. Simply make an appointment and come in for a complimentary consultation. At that time, I will meet with you and discuss a plan that's tailored to your needs and concerns. I am very excited to be able to offer my patients state-of-the-art treatments that are nonsurgical with little or no down time.

That's a good point. You still do surgeries, right?

Of course. In fact, I often say to my patients: "If you have a concern that requires surgical correction, then surgery is still 'king'." There is no substitute for this. I'd like to emphasize to my patients that skin care is a lifelong endeavor. The best time to start is when your skin hasn't yet shown the effects of the sun or gravity. This way, the treatments will perform optimally, with prevention and maintenance as the goals.



THE RESULTS OF ELLIPSE



Facial Veins After 3 Treatments

THE RESULTS OF MICRONEEDLING



THE RESULTS OF ULTHERAPY



Before

After 90 Days

 SkinMedica™

